



Texas P-10
State School

Texas Telegraph

Week 8, Term 4 2025



Diary Dates

Week 8

Final Week Year 10 & Rewards Day
trip to Toowoomba

Friday 28 November

Year 10 Final Farewell Assembly

Saturday 29 November

Year 10 Farewell Dinner

Week 9

High School Camp (7-9)
Year 9 Rewards Day Pool Party
Year 6 Graduation

Week 10

Rewards Day (Prep-Yr 3 Christmas
Craft, Yr 4-8 Pool Party)
Year 9 Work Experience

Friday 12 December

Last day of Term 4

QParents Consents

Students	Activity	Due
Whole School	Awards Night Practice	14/11
Year 5	Friday Sport-Swimming	14/11
Year 7/8	Friday Sport-Golf/Fishing	14/11
Year 6	Friday Sport-Swimming	14/11
Year 1/2	Sleepover	21/11
Year 10	Rewards Day	21/11
Year 6	Friday Sport-Swimming	17/11

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Texas P-10 State School



Student Absence Line: (07) 4653 3366 Operates 24 hrs 7 days a week. Please call by 9:30 am on the day of absence, stating your child's name and year level. A reason for the absence must be provided.

1 Flemming Street, Texas QLD 4385

Phone (07) 4653 3333 principal@texasss.eq.edu.au

<https://texasss.eq.edu.au> [f/Texas P-10 State School](https://www.facebook.com/TexasP10StateSchool)

Be Safe, Be Respectful, Be Responsible



Principal's Report

Last week we enjoyed the 2025 Texas P-10 State School Awards Evening. It was a very enjoyable evening. Thank you for your attendance and I hope you enjoy the photos in this edition of the newsletter.

Classes for 2026

Classes in the primary school will be as follows:

Prep	Miss Celotto
Year 1 and 2 combined	Mrs S Finlay
Year 3	Mrs L Finlay
Year 4 and 5 combined	Mrs Lang
Year 5 and 6 combined	Mrs Trim
Mrs Doherty	Prep HASS, Year 1 and 2 HASS, Year 3 HASS, Prep Tech, Year 1 and 2 Tech, PLD
Mrs Christidis	Year 3 PLD, Year 3 Science, Year 3 Art, Year 3 Tech, Year 4/5 Tech, Year 5/6 Tech
Mrs Ryan	Year 5 Maths

Classes in the high school will be as follows:

Mrs Byrnes	Years 7-10 Art, Year 7 Maths
Mrs Christidis	Year 7-10 Manual Arts & Year 7/8 Respectful Relationships
Mr Doughty	Prep-Year 10 Health and Physical Education
Mrs L Finlay	Years 7-10 Agriculture
Miss Eaves	Years 7-10 Science, Years 9-10 Maths
Mrs Mitchell	Years 4-8 Japanese, Year 7 HASS, Years 7-8 English, Year 8 Maths
Mrs Ryan	Years 7-10 Food and Fibre
Mrs Spriggs	Years 9-10 English, Years 8-10 HASS

District Relief Teachers:

Mrs Neam and Miss Loader	District Relief Teachers based at Texas
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Student Support:

Mrs Ryan	Student support across primary and secondary
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In 2026 we have had to split the Year 5 class (2025's Year 4 class). A letter will come out next week outlining the Year 4/5 and Year 5/6 split classes.

Farewell to our Year 10s

(continued over)



Pictured top of page:
Awards Night

Principal's Report (continued)

The end of year is always tinged with sadness as we farewell our Year 10s. This week we farewelled Bella, Brock, Matthew, Emma, Declan, Micheala, Brodie, Roman, Stefani and Cooper.

On Friday we will celebrate the 2025 Year 10s, with the much anticipated final assembly where the students from other classes present them with gifts and teachers pay tributes. All parents and community members are welcome to attend. They will then retire to the Town Hall with Mr Spriggs to prepare for the Year 10 Farewell Dinner on Saturday night, an event I'm very much looking forward to.

2 Positives and a Polisher

Each week on assembly I feedback to the student body on 2 positive things which are worthy of praise, as well as something which students need to work on, which is known as a polisher. This week:

2 Positives

1. Students across the playing fields have been playing very well. Generally, most students are behaving well during refereed games.
2. Vincent Benz won a major prize for his entry in the farm safety calendar competition. He will have his artwork displayed in the 2026 Queensland Electrical Safety Calendar in March.

Polisher

1. Reminder about out-of-bounds areas before school.

Events to keep in mind for the end of Year:

- **November 28:** Year 10 Final Farewell Assembly
- **November 29:** Year 10 Farewell Dinner
- **Week 8:** Final Week Year 10. Rewards Day trip to Toowoomba.
- **Week 9:** High School Camp (7-9), Year 9 Rewards Day Pool Party, Year 6 Graduation
- **Week 10:** Rewards Day (Prep-Yr 3 Christmas Craft, Yr 4-8 Pool Party), Year 9 Work Experience.

Sean Cole

Principal



Leaving Texas in 2026?

Please notify the Administration Office if your student/s will not be continuing their enrolment in 2026. A Student Exit Form is available from the Administration Office.

Back to School Boost

The Queensland Government is introducing a Back to School Boost for every primary school student in 2026.

The Back to School Boost provides a \$100 credit for each primary school student from the start of 2026. This \$100 credit will assist families with school costs during 2026. A \$100 credit will be placed on the account of all students enrolled in Prep to Year 6 from the start of the 2026 school year.

Families choose which cost they will use their \$100 for throughout the year. For example, families may apply their 2026 Back to School Boost towards the cost of the Student Resource Scheme (SRS) or, other school related expenses such as excursions, camps, or extra-curricular activities.

Please note that the Back to School Boost cannot be used for reimbursement of purchases made at external stores, nor can it be provided as a cash payment to families or students.



Head of Department

Year 9/10 Electives

Student preferences have been collated and will be released to students by the end of Week 8.

Time to return the Library Books

Please bring back all library books to school so our rockstar teacher aides can do a stocktake of our resources.

Awards Night

Our 2025 Awards Night celebrated the achievements of students across all year levels. Students were recognised for year-level completion, academic excellence, sporting achievements, the arts, and special awards highlighting leadership, diligence and community spirit.

Guests enjoyed musical and dance performances and presentations that highlighted the diverse talents within our school. A special thank you goes to our staff for their work in preparing students and organising such a smooth and memorable event and to our families for their ongoing support.

Attendance

Attendance	Week 7
Prep	65.71%
Year 1/2	76.84%
Year 3	94.71%
Year 4	90.67%
Year 5	86.67%
Year 6	92.94%
Year 7	95.29%
Year 8	91.43%
Year 9	88.00%
Year 10	81.00%
Whole School	86.33%

Academic Achievements

Academic Merit (Years 3-10) A student who has earned a GPA greater than 3.9 across all subject areas.		Academic Excellence (Years 3 - 9) Highest achieving student in year level.	
Year 3	Skylah Aitken, Hugo Byrnes, Olivia Cope, Cameron Edmondstone, Leo Muggleton, Samvir Samvir, Karla Wadley	Year 3	Hugo Byrnes
Year 4	Justin Hamid, Olliver McClymont, Scarlett Osmond	Year 4	Justin Hamid
Year 5	Indyanna Bracken, Indianna Leslie, Harry Newbon, Lachlan Cope, Baxter Teese	Year 5	Lachlan Cope and Baxter Teese
Year 6	Sam Hamid, Lily Higgins, Cohen McDonald, Everley Trim, Hayley Walker	Year 6	Lily Higgins and Everley Trim
Year 7	Lachlan Baker, David Doherty, Harley Muggleton, Cooper Teese, Zeppelin Thompson, Alisha Wadley	Year 7	David Doherty
Year 8	Georgianna Cleversley, Summer Jarrett, Nevaeh Osmond, Kelli Turner	Year 8	Georgianna Cleversley and Kelli Turner
Year 9	Addison Irwin	Year 9	Addison Irwin
Year 10	Brock Dawson, Matthew Doherty, Roman Thompson		

The Dux Award

Highest achieving student in Year 10 that has a grade point average greater than 3.9.

Brock Dawson

The Arts Achievements

The Arts Award

The Arts Award celebrate a primary and secondary student involvement, leadership, commitment and excellence in activities in music, visual art, drama and film and media during the period of a calendar year. They are awarded to students who participate in range of extra-curricular activities representing Texas P – 10 State School.

Everley Trim and Addison Irwin

(continued over)

2025 Awards Night (continued)

Sporting Achievements			
MacIntyre Zone Representation		Border District Representation	
Swimming	Aubree Saunders	Cricket	Cooper Teese
Swimming, Cross Country, Soccer & Athletics	Lachlan Cope	Rugby League, Cross Country & Athletics	Brock Dawson
Netball & Rugby League	Kailan Mandavy	Cross Country	Patrick Mansfield
Netball	Sam Hamid	Cross Country	Addison Irwin
Rugby League	Hunter Sweedman	Athletics	Kingston Mandavy
Cross Country & Soccer	Zane Choat	Darling Downs Representation	
Cross Country & Soccer	Indyanna Bracken	Swimming	Lachlan Cope
Soccer & Athletics	Baxter Teese	Cross Country & Athletics	Brock Dawson
State Representation		Netball	Kailan Mandavy
Cross Country & Athletics	Brock Dawson		
Rising Star			
The Rising Star Award will recognise a high achieving, up and coming junior athlete in the Texas sporting community. This award has been donated by Merrilyn Williams.			
Lachlan Cope			
Sporting Star			
A student who tries extremely hard in many sports and has performed to an outstanding level for the Best All Round Sporting Achievement.			
Brock Dawson			

Special Achievements	
ANZAC Spirit Award	
A Year 6 student selected on the basis of ANZAC spirit, academic achievement and community service. Has a sense of purpose and direction, acceptance of responsibility and unselfishness and mateship. Kindly donated by the Stanthorpe RSL Sub Branch.	
Everley Trim	
True Legends Program Award	
The RSL True Legend Award honours students who demonstrate a strong sense of purpose and leadership. Year 9 students were invited to write a research article on a local fallen service member who was unrelated to them. Kindly donated by the Stanthorpe RSL Sub Branch.	
1st: Addison Irwin	2nd: Lillie Warren
Commitment to Schooling Bursary	
A student that meets the school expectations in Year 6 who is going on to Secondary at Texas P-10 State School.	
Briar Krauss	
Diligence Award	
This award recognises primary and secondary student who consistently demonstrate effort, hard work, and dedication to their studies and school responsibilities. Recipients typically exhibit a positive attitude towards learning, take responsibility for their actions, maintain a growth mindset, and actively participate in classroom and school activities. They show respect and cooperation in their interactions with others and maintain an attendance rate above 80%. Kindly donated by The Isolated Children's Parents' Association.	
Mia Potter	Addison Irwin

(continued over)

2025 Awards Night (continued)

Special Achievements

Southern Down's Future Pathways Award

This award recognises a Year 10 student who is actively pursuing further education to support their ongoing learning journey and future aspirations.

Roman Thompson

Long Tan Award

A Year 10 student who must have shown levels greater than that shown by peers of leadership, teamwork, values, problem solving, resourcefulness, communication, co-operation, community involvement. Kindly donated by The Australian Defence Force.

Matthew Doherty

All-rounder Award

Year 10 student who excels in more than three categories; academic, attitude, personal conduct, leadership, service, sport or the arts.
Kindly donated by AMPOL.

Brock Dawson

2026 House Captains, Junior School Leaders, and School Captains

Coolac House Captain	Indianna Leslie
Coolac House Captain	Baxter Teese
Burilda House Captain	Sofia Rawlins
Junior School Captain	Lachlan Cope
Junior School Captain	Indyanna Bracken
Coolac House Leader	Kingston Mandavy
Coolac House Leader	Kelli Turner
Burilda House Leader	Nevaeh Osmond
School Leader	Addison Irwin
School Leader	Amelia Harvey



Congratulations to all award recipients, as you exemplify the values of Texas P-10 State School. We look forward to another year of growth, success and community pride in 2026



Ms Jillian Hazard
Head of Department

(see more photos on the next page)



2025 Awards Night (continued)



Students of the Week

Term 4 Week 6	Student		Reason
Prep		Violet	For your dedication to learning. You are an outstanding and hardworking Prepahero who puts 100% into everything you do. You are such a kind-hearted and polite student who is a pleasure to teach every single day. Keep up your hard work; you are a SUPER Prepahero!
Year 2		Presley	For being a quiet achiever. Thank you for being an active learner and always aiming high.
		Kadence	For being a quiet achiever. Thank you for being an active learner and always aiming high.
Year 3		Cameron	For your hard work and determination with working out math worded problems. Even if you weren't sure you gave it a good go then asked for help.
		Charlie	For bringing your warmth, kindness and comedic side to school every single day. It cheers me up and keeps me going.
Year 4		Vanessa	For trying hard in your learning areas this term. You are showing persistence and determination. Keep it up!
		Riley	For your huge improvement at the pool for swimming. Great job!

Term 4 Week 6	Student		Reason
Year 5		Baxter	For your amazing interaction with the residents at Mingoola Place. You had great conversations and were well-mannered and polite.
		Sofia	
		Caelan	
Year 6		Sam	For the very excellent English assessment that you wrote – you really are writing and thinking like a high school student. Well done, Sam!
Year 7		Annah	For your consistent effort across all curriculum areas.
Year 8		Neveah	For your consistent demonstration of a positive attitude and problem-solving approach in all subject areas.
Year 9		Amelia	For trying hard and getting the job done. You approach your subjects with a positive attitude.
Year 10		Brock	Congratulations on the excellent effort you have demonstrated this term. Your consistency and positive approach to all your subjects should be commended. You are an excellent role model for your peers.

Students of the Week

Term 4 Week 7	Student		Reason
Prep		Clyde	For the personality you bring into my classroom. You always have a new facial expression to share and always make everyone smile. You have a love for learning that will never change. Keep making everyone's day; you are a SUPER Prepahero!
Year 2		Akeem	For having a 'can do' attitude towards school work.
Year 3		Skylah	For your huge improvement with your sentence writing in all subjects including homework. You amaze me with all the adjectives and verbs you put in them.
		Karla	For the focus and concentration you bring to each and every lesson. You work so quietly I forget you are at your desk. Keep it up!
Year 4		Letty-Ann	For showing persistence and building empathy when dealing with difficult situations. You have focused on your school work and shown growth in your subject areas.

Term 4 Week 7	Student		Reason
Year 5		Harry	For always trying your best in every lesson and not allowing anything to distract you. You always follow the school expectations as well as our classroom ones.
		Kendall	
Year 6		Rita	For consistently working hard in class and remaining focused at all times. You always arrive at school with a positive attitude and a willingness to try your absolute best. I have seen some remarkable improvements in you as a learner. Well done!
Year 7		Lachlan	For commitment to improving your English assessment.
Year 8		Sophie	For improved attendance and working hard to catch up.
Year 9		Lillie	For being a quiet and independent learner
Year 10		Matthew	For continuing to do your best right to the very end.

Macintyre Young Writers Awards

Texas P-10 State School supported the Macintyre Young Writers competition again this year and had some great results.

- Year 1 - Thea B (Highly commended)
- Year 3 - Kayla W (Major), Willow J-M (Major) and Hugo B (Major)
- Year 4 - Olliver M (Major)
- Year 5 - Aubree S (Highly commended)
- Year 6 - Briar K (Highly commended)
- Year 7 - Harley M (Highly commended), Jett B (Highly commended), David D (Highly commended) and Alisha W (Highly commended)
- Year 8 - Nevaeh O (Major), Summer J (Major), Georgianna C (Highly commended) and Kelli T (Highly commended)
- Year 9 - Lillie W (Major), Addison I (Major), Hayden W (Highly commended), Amelia H (Highly commended), Coen W (Highly commended) and Addison I (Highly commended)
- Year 10 - Brock D (Major), Brock D (Major), Roman T (Highly commended), Roman T (Highly commended), Stefani T (Highly commended), Declan R (Highly commended) and Michaela R (Highly commended)



We are extremely proud of all our students who entered!

Mrs Jane Lang

Year 7 Science Students Race Ahead with Balloon-Powered Cars!

This term, our Year 7 Science students have been busy exploring the exciting world of forces and motion through hands-on learning. As part of their assessment, students were challenged to design, build, and test a balloon-powered racer—a fun and practical way to demonstrate their understanding of Newton's Laws of Motion.

Working in pairs, students used everyday materials such as cardboard, straws, skewers, and bottle lids to create lightweight vehicles. The challenge? To design a racer that could travel the greatest distance using only the thrust from an inflated balloon. Throughout the process, students applied scientific thinking by predicting outcomes, identifying variables, and conducting multiple test runs to refine their designs.

Congratulations to all our budding engineers for their creativity, teamwork, and enthusiasm during this project. A special mention goes to Lachy, Patrick and Ruby whose racers travelled the furthest and demonstrated impressive speed and stability!

Anthea Loader



Year 9/10 Art

As we come to the end of Term 4, it is the perfect moment to extend a massive thank you to our exceptional Year 9/10 Art class. Their positive attitude, teamwork, and unwavering commitment have made this term not only productive, but truly inspiring.

Throughout the term, the students have worked diligently on a range of projects. One of their achievements has been the creation of a three-dimensional sculptural artwork—a thoughtful and vibrant reflection of our school mural.

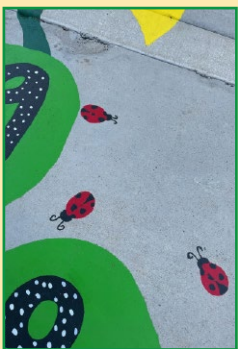
Beyond the classroom, the students dedicated their time and energy to painting parts of the mural on the Town Hall, a collaboration with The Brightsiders, from earlier on in the year. Additionally, they have started painting a hopscotch area outside the Prep building.

This class also played a role in preparing our school exhibition. They assisted with organising and hanging the artwork at the Texas Regional Art Gallery.

As a teacher, I am so proud to work with these girls. They approach every task with enthusiasm and maturity. Their reliability, work ethic, and genuine passion for their projects make them an absolute pleasure to teach.

Thank you, girls!!!!

Mrs Nel Byrnes



Social media age restrictions: Get-ready guide for under-16s

From **10 December 2025**, new Australian Government laws will stop children under 16 from creating or keeping social media accounts. Platforms covered by the laws must take reasonable steps to block under-16s from having accounts and deactivate any existing ones.

What does this mean?

This isn't a ban on using the internet. Children under 16 can still view public content that doesn't require logging in (e.g., most YouTube videos). The changes are designed to give young people more time to develop healthy online habits by:

- reducing exposure to harmful content
- limiting design features that encourage excessive screen time
- supporting safer, more mindful online behaviour.

The rules apply to Facebook, Instagram, Snapchat, TikTok, X and YouTube, with more platforms likely to be added.

Note: Online gaming services and standalone messaging apps are not included in this legislation.



Helping Your Child Prepare for the New Social Media Restrictions

1. Understand what's changing

Talk with your child about the new rules and how they may affect the apps they use. Check the eSafety website for up-to-date information and encourage them to ask questions.

2. Identify which accounts will be impacted

Many popular platforms (e.g., TikTok, Instagram, Snapchat, Facebook, YouTube, X) may remove accounts for users under the new minimum age. Help your child list all the apps they use so you know which ones to prepare for.

3. Map their online world

Discuss what your child uses each platform for—friends, group chats, creators they follow, news sources and communities they belong to.

They may still be able to view public content without logging in.

4. Plan new ways to stay connected

Support your child to find other safe ways to keep in touch with friends and family:

- Swap phone numbers or email addresses (privately).
- Move group chats to age-appropriate apps.
- Arrange in-person catch-ups or phone calls.
- Explore other safe apps or games they can use.

5. Rebuild their sense of community

Help them find new ways to follow their interests and stay connected:

- Save the names of favourite creators and look them up via websites or podcasts.
- Explore other reliable sources of news and support.
- Look into age-appropriate online support spaces like My Circle (for 12–25 year-olds) or services listed through ReachOut.

6. Save important memories before accounts are removed

Encourage your child to download or screenshot special photos, videos or chats. Save them somewhere secure (device, cloud storage, USB). Do this before 10 December.

7. Reduce stress by preparing early

Start winding back social media use now rather than waiting until accounts are suddenly deactivated. Ideas:

- Reduce screen time gradually.
- Unfollow accounts and mute notifications.
- Pick a date to stop using each app before the cutoff.
- Set up alternative apps or communication methods in advance.

8. Seek support when needed

This is a big shift for many young people. Remind your child they don't have to handle it alone. They can talk to you or another trusted adult.

There are also free and confidential support services: Kids Helpline, eheadspace, Beyond Blue and other youth support options. Helpful resources on dealing with loneliness or change are available through ReachOut and Beyond Blue.

Community Notice

Department of Education

Student Wellbeing Program

School Holiday Services and Support

You may like to consider a range of resources, supports and services to help over the school holidays if you feel like you need extra support. These resources may be useful in giving you the chance to gain new knowledge and skills at home.

Mental Health Services and Support Helplines

Mental Health Services and Support

Beyond Blue 24/7 mental health support service 1300 22 4636 beyondblue.org.au	headspace Online support and counselling to young people aged 12 to 25 1800 650 890 (9am to 1am daily) headspace.org.au/eheadspace	Kids Helpline 24/7 crisis support and suicide prevention services for children and young people aged 5 to 25 1800 55 1800 kidshelpline.com.au	1800 RESPECT 24/7 support for people impacted by sexual assault, domestic violence and abuse 1800 737 732 1800respect.org.au	QLife LGBTI peer support and referral 1800 184 527 qlife.org.au
Lifeline 24/7 crisis support and suicide prevention services 13 11 14 lifeline.org.au	Suicide Call Back 24/7 crisis support and counselling service for people affected by suicide 1300 659 467 suicidecallbackservice.org.au			Mensline 24/7 counselling service for men 1300 78 99 78 mensline.org.au
	13YARN 24/7 crisis support for Aboriginal and Torres Strait Islander people 13 92 76 13yarn.org.au			

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



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Support for your parents

Teen Triple P Online: A free online program that provides parents with a toolbox of strategies, skills, and knowledge. It can help you create a closer bond with your child as you support their learning, development, life skills and emotional wellbeing throughout the ages of 10 – 16. <https://www.triplep-parenting.net.au/qld-en/free-parenting-courses/teen-triple-p-online/>

Fear-Less Triple P Online Course: A toolkit to help your child manage anxiety and become more emotionally resilient. <https://www.triplep-parenting.net.au/qld-en/free-parenting-courses/fear-less-triple-p-online/>

Parentline: 1300 30 1300 - A free phone counselling service where you can discuss parenting challenges and get support. <https://parentline.com.au/>

Australian Red Cross Wellbeing Kit - <https://www.redcross.org.au/globalassets/cms/first-aid/21070-arc-wellbeing-toolkit--v2-hr.pdf>

Community Notice

Online Wellbeing Programs

The Brave Program: An interactive online program aimed at 8–12 year olds to help them overcome worries and learn coping strategies. <https://www.brave-online.com/>

Pain Bytes: Do you want to be more knowledgeable about what is going on with your chronic pain and participate more actively in its management, in partnership with your healthcare team?
<https://aci.health.nsw.gov.au/chronic-pain/painbytes>

Momentum: Momentum offers tailored online treatment programs to help children and adolescents learn new ways to cope with feelings of anxiety and/or unhappiness. Momentum also offers help with sleep difficulties, as well as information on well-being and help-seeking, and tips and information about substance use for adolescents. <https://www.momentumhub.org.au/>

Bite Back: Bite Back is the very first online positive psychology program designed to improve the overall wellbeing and resilience of young Australians aged 13 – 16 years old.
<https://www.blackdoginstitute.org.au/resources-support/digital-tools-apps/bite-back/>

My compass: myCompass is a free online tool that can help you identify unhelpful thoughts, feelings, and behaviours, and learn strategies to deal with them. <https://www.blackdoginstitute.org.au/resources-support/digital-tools-apps/mycompass/>

Cool Kids Program: An interactive online program aimed at 7–12 year olds to help them overcome anxiety and build confidence. <https://coolkids.org.au/login>

Phone Apps



ClearlyMe® for Teens: A free app designed for teens aged 12-17 who are experiencing depressive symptoms or psychological distress. <https://www.blackdoginstitute.org.au/clearlyme/>



Smiling Mind: A series of calming activities and audio recordings for children based on mindfulness meditation. <https://www.smilingmind.com.au/smiling-mind-app-for-families>



Reachout Tools and Apps - Find professionally-reviewed mobile apps and tools to help you look after your health and wellbeing. <https://au.reachout.com/tools-and-apps>

School-based support

If you would like support next year, please discuss your support needs with your Student Wellbeing Team or Principal to arrange re-referral into the Student Wellbeing Program.

Resources for supporting mental health and wellbeing: <https://education.qld.gov.au/students/student-health-safety-wellbeing/student-wellbeing>

Additional Resources -

<https://www.emhprac.org.au/directory/> - The Directory provides a useful overview of various Australian online and teleweb programs, all of which have been developed by credible sources, such as the Australian Government, universities, and national non-government organisations. This includes apps, online programs, online forums, and phone services, as well as a range of digital information resources. Brochure – PDF Version – [CLICK HERE](#)

